

Minor Consent Form

Minors are permitted to receive NST/massage/muscle activation.

Parent or legal guardian must be present in helping complete the Health History Form for the minor, along with consent for the NST/massage/muscle activation session.

Guidelines:

Minors (all clients under the age of 18 – unless otherwise emancipated) can only receive massage with written parental/legal guardian consent.

In collaboration with the consenting adult and child, the massage therapist will assist in establishing goals for the session(s).

For clients age 15 and under, the parent/guardian must always be present in the treatment room.

For clients age 16-17 if both client and parent/guardian are comfortable with the child being in the session room by themselves, please initial here. _____

Otherwise parent/guardian should be in the treatment room during each session. Once a comfortable therapeutic relationship has been established and the massage therapist, child and parent are comfortable the parent/legal guardian does not have to be present in the room.

Appropriate draping will be used at all times during the massage, only areas being massaged are uncovered.

I, _____, am the parent/legal guardian of _____ . I have read the above information and give permission for my child, age _____ to receive massage therapy from: Annie Waugh, LMT, IMC.

Parent/Guardian Signature

Date

Therapist Signature

Date